

About the Speaker

Rev. McGillicuddy is the founder and director of the Anam Cara Community. He is an Anglican Priest and has served as a hospice Chaplain for over 23 years. He has a Ph.D. in Clinical Psychology from Pacifica Graduate Institute, Carpinteria, CA. He holds a Master's of Divinity Degree from St. Vladimir's Orthodox Theological Seminary in Crestwood, NY. In addition he holds a Master of Arts in Counseling Psychology and a Master of Arts in Theology from Boston College, Chestnut Hill, MA.

Rev. McGillicuddy completed his Clinical Pastoral Education residency in Psychiatric Chaplaincy at St. Elizabeth's Hospital, Washington, D.C. He has served as a Chaplain at West Point Military Academy,

St. John's Mercy Medical Center, St Louis, MO. and Augusta Mental Health Institute, Augusta, Me. He is Pastor of St. Brigid of Kildare Anglican Church, Medway, MA.



About the Anam Cara Community

The Anam Cara Community consists of Psychospiritual Therapists and Spiritual Formation Ministers committed to humbly walking with persons as Anam Caras (soul-friends). Currently we are a small consortium of individuals in professional ministry in the Boston, Massachusetts area. Our psychospiritual approach to formation and counseling reflect the richness and wisdom of the Christian Tradition.

We are also a community of counseling and healing deeply steeped in the ancient Celtic Christian Tradition of Anam Cara or Soul Friendship. We see in this ancient Celtic model of spirituality, great value in its emphasis of helping others to experience being part of a circle of belonging and Christian community. Secondly, the Celtic tradition emphasizes a spirituality of transfiguration and one of intimately encountering a renewed hope and relationship in Jesus Christ.

Finally, our ministry is deeply influenced by the tradition of the Christian healing ministry.



"Lord Your Servant Is Ill" Coping and Praying Through Illness A One Day Retreat For Persons Living With Serious or Chronic Illness

Sponsored by
The Anam Cara Community
of Christian Counseling &
Healing

January 21, 2012
9:00 A.M.- 4:00 P.M.

St. Brigid of Kildare
Anglican Church
6 Main Street (Route 109)
Medway, MA 02053

Phone: 781-801-4813

www.anamcaracommunity.net

Retreat Theme

"Illness is both soul-shaking and soul-evoking for the patient and for all others for whom the patient matters. We lose innocence. We know vulnerability, we are no longer who we were before this event and we will never be the same. We are in uncharted terrain and there is no turning back."

-Jean Shinoda Bolen

This one day retreat is for anyone who is struggling spiritually in their attempt to cope and live with a serious, life challenging, or chronic illness. The retreat is designed to encourage, empower and to renew hope for those looking to deepen their trust, and faith in God as they continue to live and cope with illness.

The second purpose of the retreat is to equip in pragmatic and practical ways effective Christian tools such as: Contemplative prayer, Scripture, Sacraments and developing and maintaining the support and love of Christian community.

"I have come that they may have life and have it abundantly," John 10:10

Cost: \$45.00 Lunch included

Registration: 8:30 A.M.-9:00 A.M.

9:00 A.M.- 10:30 A.M. First Talk:
Dealing with distress and anticipation through Contemplative prayer:
Acquiring peace through the Jesus Prayer.

10:30 A.M.-10:45 A.M. Break

10:45 A.M.-11:45 A.M. Second Talk:
The Healing Power of Scripture:
Allowing the Word of God to deepen our hope and peace.

11:45 A.M. -1:00 P.M. Lunch

1:00 P.M. -1:30 P.M. Prayer and Worship

1:30 P.M.-2:30 P.M. Third Talk:
Developing a Community of belonging and Soul Friendship.

2:30 P.M. -3:00 P.M. Discussion and Questions.

3:00 P.M.-4:00 P.M. Soaking Prayer and Anointing.

Please RSVP since room is limited to 50 people. Call 781-801-4813 to let us know if you plan to attend. Thank you.

"There is no fear in love, but perfect love casts out all fear," 1 John 4:18.

"Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your

souls. For my yoke is easy, and my burden is light," Matthew 11:28-30.



Directions:

St. Brigid of Kildare Anglican Church is located at 6 Main Street (Route 109) on the Medway/Millis line, near the Medway Imports Car Dealership. Look for the Green Celtic Crosses in our windows.

Email: icxc_nika3@verizon.net

